

Sunday 1 September is Disaster Preparedness Day

Regarding Nankai Trough Earthquakes

In August last year, the first-ever Nankai Trough Earthquake Extra Information (Megathrust Earthquake Alert) was issued under the newly established system. Then, in January this year, the government's Earthquake Research Committee announced that the probability of a major Nankai Trough earthquake occurring within the next 30 years has been raised to approximately 80%.

A major earthquake could strike at any time. To respond calmly in the event of a disaster, it's important to understand what actions to take and what kinds of damage to expect. Make sure to prepare in advance by checking your household's emergency supplies and reviewing your personal disaster preparedness measures. Let's stay ready.



What Is Nankai Trough Earthquake Extra Information?

This information is issued when the likelihood of a Nankai Trough earthquake is considered higher than usual. Once a major earthquake occurs along the Nankai Trough, there is a possibility that another large earthquake could follow after some time. By issuing this advisory, the government aims to raise awareness and encourage caution, which can help reduce potential damage.

Japan Meteorological Agency Website:

Japanese page: www.jma.go.jp/jma/kishou/known/jishin/nteq/info_criterion.html

English page: www.jma.go.jp/jma/en/Activities/earthquake.html#nteq

Conditions for Issuing Nankai Trough Earthquake Extra Information

- When an anomalous phenomenon has been observed along the Nankai Trough and an analysis is started or in progress to determine whether the phenomenon is related to a large-scale earthquake in the region.
- When the results of the analysis of an observed anomalous phenomenon are announced.

If a Major Earthquake Alert or Attention Is Issued

Take this opportunity to review your daily preparedness and make sure you're ready to evacuate immediately if an earthquake occurs. If you live in a tsunami inundation risk area (Level 2 tsunami zone) and would have difficulty evacuating without assistance—or if you may not have enough time to evacuate safely after an earthquake—please consider pre-evacuating to a relative's or friend's home during the first week after a Major Earthquake Alert is issued.

More information: www.city.shizuoka.lg.jp/s4268/s000361.html

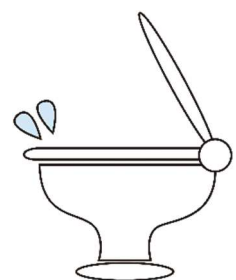
Toilet Supplies Are Important Too!

Eating and drinking go hand in hand with using the toilet. In addition to storing 7 (or at least 3) days' worth of food and water, don't forget to prepare for toilet needs.

During a disaster, holding in bowel movements or avoiding fluids can lead to serious health issues—and in the worst cases, disaster-related deaths. To avoid this, be sure to stock up on portable toilets, simple toilet kits, and wet wipes so you don't have to endure discomfort.

Recommended supply:

5 uses per person per day × 7 days = 35 uses per person



During a Major Disaster, Bring the Sick or Injured to a First-Aid Center

Inquiries: Health, Hygiene & Medical Care Division ☎ 054-221-1332

During a disaster, local medical facilities and clinics will shut down and the doctors and nurses working there will be assigned to first aid centers set up at local public facilities. Sick or injured persons should go to their nearest first aid center to receive first aid.

- **Where are the first aid centers?**

At local elementary and junior high schools, etc. See the city website for details

www.city.shizuoka.lg.jp/s9352/s000065.html

- **What kind of first aid can I receive?**

Staff will assess your physical condition (triage system) and give emergency treatment.

Those with severe symptoms requiring surgery will be treated at facilities such as municipal hospitals.



Disposing of “Disaster-Related Garbage”

Inquiries: Garbage Reduction Division ☎ 054-221-1075

www.city.shizuoka.lg.jp/gomi/s012185.html

Disaster-related garbage refers to buildings destroyed by earthquakes and household items rendered unusable due to typhoons, flooding, etc. Please follow the following rules so that “disaster-related garbage” can be dealt with as swiftly as possible.

- **Wait for instructions from the city before putting out garbage.**

In the case of a large natural disaster, household garbage collection is expected to be **suspended for around three days**. Collection will be restarted sequentially, starting with burnable garbage such as food waste, diapers, and portable toilets (bags of excrement). For large garbage such as tatami mats and furniture, and non-burnable garbage such as glass and electric appliances, the city government will implement things like **door-to-door collections** and **temporary collection sites** in parks depending on the scale of the disaster and the damages to the city. Please wait for instructions from the city.

*These instructions will be given via a variety of means, such as the city website, city-wide speaker system, etc.

- **Separate your “disaster-related garbage” when putting it out.**

For swift removal, please separate your garbage when taking it to temporary collection sites.

- **Always be prepared!**

Keep clutter to a minimum by regularly disposing of unwanted items. Make sure your furniture and electric appliances are properly anchored to minimize damage during a disaster.



Translated by:

International and Intercultural Affairs Division
City of Shizuoka

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