

“Dan-Dan Shizuoka” Social Withdrawal Counseling



The reasons and circumstances that lead to social withdrawal vary from person to person. Many individuals in this situation are deeply concerned about their inability to participate in society due to a lack of self-confidence. They also feel a sense of guilt about placing a burden on their families while simultaneously wishing for their feelings to be understood. At the same time, families often struggle with their own concerns, making considerable efforts to support the recovery and reintegration of their loved ones. In cases where social withdrawal becomes prolonged, it is often challenging to resolve the situation through the self-help efforts of the individual or their family alone.

In such situations, why not consider reaching out to a specialized consultation service for social withdrawal?

At Dan-Dan Shizuoka, certified psychologists and mental health social workers, serving as "Social Withdrawal Support Coordinators," provide consultations and coordinate support tailored to each individual's needs. Depending on the circumstances, they collaborate with related organizations and also engage in outreach support. Additionally, they offer activities to create safe spaces for individuals, family workshops, and on-site consultations in Shimizu Ward, among other services.

City website: www.city.shizuoka.lg.jp/kyoiku/s002327.html

Where: 2F, Nambu Library

When: Tues to Sat, 9:00-17:00

(excluding public holidays and the year-end/New Year period)

*Reservation required for face-to-face counseling.

*Counseling is confidential and free of charge.



First, give us a call!

Inquiries: Social Withdrawal Counseling Center “Dan-Dan Shizuoka” ☎ 054-260-7755



Translated by:
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