

5. Shingles and HPV Vaccinations



Subsidies for Shingles (Herpes Zoster) Vaccinations

What is Shingles?

Shingles is a skin disease, caused by the same virus that causes chicken pox. Symptoms include a painful rash and blisters that appear in bands across the body. Symptoms are thought to develop when the immune system is suppressed due to aging, stress, overwork, etc. It is said that persons in their 50s are particularly susceptible, and that one in three people will develop symptoms by the time they turn 80.

To reduce the rate of resident developing shingles, and protect against severe symptoms, the City of Shizuoka subsidizes part of the cost of vaccinations.

Candidates: Residents aged 50 or older, being vaccinated with an inactivated shingles vaccine. *Live vaccines are not covered

Eligible Period: Vaccinations taking place from Tuesday 1 October onwards.

Maximum Amount Subsidized: Up to 10,000 JPY per shot.

Number of Shots Subsidized: Up to two shots per person.

Medical facilities providing vaccines within the city will be posted on the city website as soon as information is confirmed.

www.city.shizuoka.lg.jp/s2371/s013023.html

Regarding Human Papillomavirus (HPV) Vaccinations

Most cases of cervical cancer are said to be caused by HPV infections, and most women will be infected with the virus during their lives. The majority of HPV infections are cleared naturally by the body, but in some cases, they can lead to cancer. By vaccinating against HPV infection, you are also helping to prevent yourself from developing cervical cancer.

- Females from the sixth grade of elementary school to the first grade of high school (or the equivalent age) are eligible for scheduled vaccinations and can be vaccinated for free.
- We are also conducting free “catch-up” vaccinations (until the end of March 2025) for those who missed the opportunity to receive scheduled vaccinations.

Candidates for Catch-up Vaccinations:

Females born between 2 April 1997 and 1 April 2008 who have yet to receive all three shots of the HPV vaccine. *It takes about six months to receive all three shots, so those wishing to be vaccinated should do please plan ahead.

The timing for vaccinations differs depending on the type of vaccine and the age of the recipient. Please consult your medical institution for more details.

Please apply directly to medical institutions to be vaccinated.

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