

Beware of Heatstroke!

Inquiries: Green Transformation Division ☎ 054-221-1077



The City will notify you when there is an elevated risk of adverse health affects due to the heat.

Heatstroke Warning Alert:

Issued via the City's official LINE and X accounts when temperatures are “dangerously hot”, with a high risk of heatstroke.

Heatstroke Special Warning Alert

A level above the Heatstroke Warning Alert, newly introduced this fiscal year. Issued via the City's official LINE and X accounts, and over the city-wide loudspeakers when the risk of heatstroke is extremely high.

What to do when an alert is issued:

- Wear cool clothing.
- Rehydrate frequently and consume sodium.
- Avoid going outside.
- Stay somewhere cool such as a shady area or air-conditioned room.

The City has set up air-conditioned rest facilities called “cooling shelters” to help residents beat the heat. See the City website for a list of facilities and open hours.

<https://www.city.shizuoka.lg.jp/s2835/s003181.html>



Translated by:

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