

## Health Insurance Cards to be Discontinued

Amendments to Japanese law have meant that NHI health insurance cards (国民健康保険被保険者証, *kokumin kenko hoken hihokensha sho*) are being discontinued. From 2 December 2024, health insurance cards will cease to be issued or reissued. However, you will still be able to use your current health insurance card until it expires (31 July 2025 at the latest). Please do not throw away your card if it is still valid.

### From 2 December 2024...

The following persons will be sent a **Notice of Eligibility Information** if they have a **Maina Health Insurance Card**, or an **Eligibility Confirmation Form** if they do not:

- New enrollees in National Health Insurance
- Those who have lost their health insurance cards
- Those whose name, address, or copayment rate has changed
- Those who have turned 70 (to confirm their copayment rate)

### When Your Health Insurance Card Expires...

Those enrolled in National Health Insurance will be sent either an **Eligibility Confirmation Form** or a **Notice of Eligibility Information** during July 2025. The following persons will be sent an **Eligibility Confirmation Form** without the need to apply:

- Those who do not have a My Number Card
- Those who have a My Number Card but have not registered it for use as a health insurance card (i.e. not registered it as a **Maina Health Insurance Card**).
- Those whose My Number Card Digital Certificate or My Number Card itself has expired.

\*Persons requiring special consideration (such as the elderly or those with disabilities) who find it difficult to receive treatment using a **Maina Health Insurance Card** may apply to receive an **Eligibility Confirmation Form**

### What is a Maina Health Insurance Card (マイナ保険証, *maina hokensho*)?

This is a My Number Card that has been registered for use as a health insurance card.

### What is a Notice of Eligibility Information (資格情報, *shikaku joho no oshirase*)?

This is an A4 sheet of paper sent to those with a **Maina Health Insurance Card**. It shows the information registered on the card. You cannot receive medical treatment with just your **Notice of Eligibility Information**. Please use your **Maina Insurance Card** when receiving treatment. At medical facilities that do not accept **Maina Health Insurance Cards** on their own, please present your **Maina Health Insurance Card** along with the **Notice of Eligibility Information** to receive treatment at the fixed copayment rate.

### What is an Eligibility Confirmation Form (資格確認書, *shikaku kakunin sho*)?

This is a card-sized document sent to those that do not have a **Maina Health Insurance Card**. This can be used in place of the discontinued health insurance card. Show this **Eligibility Confirmation Form** to receive treatment at the fixed copayment rate.

### Where to Register Your My Number Card as a **Maina Health Insurance Card**:

- At the **Maina Health Insurance Card** Registration Support Counter (1<sup>st</sup> floor of each Ward Office) or Call Center (☎ 050-5369-9472)
- Using a card reader at a medical facility or pharmacy
- At a Seven Bank ATM
- Via the Maina Portal <https://services.digital.go.jp/mynaportal/>

### Inquiries

Insurance & Pension Division at Each Ward Office:

(Aoi ☎ 054-221-1070, Suruga ☎ 054-287-8621, Shimizu ☎ 054-354-2141)

Insurance & Pension Management Division ☎ 054-221-1005



My Number PR Character:  
Maina-chan



Translated by:  
International and Intercultural Affairs Division  
City of Shizuoka