



Community Disaster Prevention Day: Sun 1 December

Every year, damage from earthquakes and heavy rains occurs in various regions of Japan.
Take this opportunity to think about "preparation" for and "evacuation" from disasters.

Before a Disaster Occurs

1. Participate in **disaster prevention drills** in your community to enhance regional disaster preparedness.

Community disaster prevention drills are led by local voluntary disaster prevention organizations. These drills consider the specific risks in your area and are tailored to the local characteristics. Actively participate in these drills with your family to increase your awareness with regards to "self-help" and "mutual aid," and help strengthen the disaster preparedness of your community.

Note: The date, venue, and time of the drills vary by area. Please contact your local voluntary disaster prevention organization for more details.

2. Draw up a **"My Evacuation Plan."**

Make use of the **"My Evacuation Plan"** disaster preparedness materials, jointly produced by the city and the prefecture. By simply following the guide and checking the necessary information, you can easily create your own personalized evacuation plan. Prepare for potential disaster risks around you by organizing "when" and "where" to evacuate in advance so you are ready when the time comes. By the end of the 2023 fiscal year, evacuation plan templates were created for areas that include tsunami flood zones. We plan to have templates covering the entire city by the end of the 2025 fiscal year.

For more details on the "My Evacuation Plan" specific to your area, please check the city's website.

www.city.shizuoka.lg.jp/s4268/s000316.html

3. Secure furniture and prepare **emergency supplies**.

Be prepared so you won't be caught off guard when the time comes.

- Prepare food and drinking water for 7 days (minimum 3 days)! Stocking portable toilets is also important.
- Take measures to prevent furniture from tipping over or falling. Also, keep a flashlight, slippers, and a whistle within reach.
- In the case of a large-scale disaster, you may need to stay in a shelter for some time. Pack emergency supplies in a backpack or similar bag so that you can take them with you immediately.



When a Major Earthquake Hits

During the shaking, your top priority is to ensure your safety! Stay calm and act based on your experiences in **drills** and your **evacuation plan**. Once the shaking stops, grab your **emergency supplies** and wait in an open space like a nearby vacant lot or park where there is no danger of buildings collapsing, until it is confirmed safe. If you are in a coastal area, prioritize evacuating outside the tsunami flood zone due to the possibility of a tsunami. If this is difficult, hurry to a tsunami evacuation tower or other elevated location. Once safety is confirmed, you can move to your home or an evacuation shelter. Staying at home is the best option if possible.

Shelter Options:

- **Home Evacuation:** Stay in your home, maintaining a lifestyle close to normal while protecting your privacy.
- **Friend or Relative's Home:** Consult with friends or relatives in a safe area.
- **Accommodation Facilities:** Although there will be accommodation costs, these facilities offer peace of mind in terms of privacy and security.
- **Evacuation Shelter:** For those who can no longer live in their homes, temporary shelter is available.

To ensure you can evacuate at home, please prepare by earthquake-proofing your home and taking other disaster-prevention measures.

Inquiries:

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